

YWCA Dolphins

January, 2009 revised

S	M	T	W	T	F	S
DOLPHIN DERBY IS COMING! JAN. 8, 15, 21, 24 DETAILS TBA!				① HAPPY NEW YEAR	② OFF	3 STATE/NAT'L: <u>6:30-8:00 am</u> FUTURE: <u>1:30-2:30 pm</u> FUTURE 56: 2:30-3:15 pm
4 OFF	5 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> S+C-> <u>5:15-6:15</u> STATE/NAT'L at GHS-630-830pm	6 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: 6:15-8:15pm	7 TAG 1-430-515 TAG 2-515-615 TAG 3-615-715 ST/NT-715-815 S+C->6-7:00pm	⑧ STATE/NAT'L AT GYWD <u>5:15-7:15pm</u> DERBY DAY AT GHS TAG 2+3 630-830pm	9 STATE/NAT'L: <u>3:30-5:30pm</u> TAG 1: <u>5:30-6:30pm</u> TAG 2: 6:30-7:30pm	10 NO AM 13/O Y STATE CHAMP AT <u>CHESHIRE</u> FT-130-230 <u>FT 56-230-315</u> PRIVATE: 3:15-3:45pm
⑪ 13/OVER Y STATE CHAMPS AT CHESHIRE ALL DAY DETAILS TBA	12 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> STATE/NAT'L: <u>7:15-8:15pm</u> S+C->6-7:00pm	13 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: 6:15-8:15pm	14 TAG 1-430-515 TAG 2-515-615 TAG 3-615-715 ST/NT-715-815 S+C->6-7:00pm	⑮ DERBY DAY STATE/NAT'L AT GHS <u>6:30-8:30pm</u> AT GYW: T3-515-615pm T2-615-715pm	16 STATE/NAT'L: <u>3:30-5:30pm</u> TAG 1: <u>5:30-6:30pm</u> TAG 2: 6:30-7:30pm	17 STATE/NAT'L: <u>6:30-8:00 am</u> FUTURE: <u>1:30-2:30 pm</u> FUTURE 56: 2:30-3:15 pm PRIVATE: 3:15-3:45pm
18 OFF	⑲ MARTIN LUTHER KING DAY OFF	20 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: 6:15-8:15pm	⑳ DERBY DAY AT GYW TAG 1 <u>430-630</u> T2-6:30-7:20p <u>T3-7:20-8:15p</u> NO ST/NAT S+C->6-7:00pm	22 TAG 3 <u>5:15-6:15pm</u> TAG 2 <u>6:15-7:15pm</u> STATE/NAT'L at GHS-630-830pm	㉓ STATE/NAT'L: <u>3:30-5:30pm</u> TAG 1: <u>5:30-6:30pm</u> TAG 2: <u>6:30-7:30pm</u> AA AT WILTON	㉔ NO AM DERBY DAY FT & FT56 <u>1:30-3:30pm</u> AA MEET AT WILTON
㉕ AA USA MEET AT WILTON DETAILS TBA	26 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> S+C-> <u>5:15-6:15</u> STATE/NAT'L at GHS-630-830pm	27 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: 6:15-8:15pm	㉘ TAG 1-430-515 GRAND PRIX 4 DISTANCE FR 8/u & 13/over: 5:15-6:30PM 9-10 & 11-12's: <u>6:30-8:15pm</u> no S+C- TODAY	㉙ 13/overs at GYW <u>5:15-7:15pm</u> AT GHS: 9-10-11-12 DUAL MEET VS NCY 6:30-8:30p	㉚ STATE/NAT'L: <u>3:30-5:30pm</u> NO TAG PRAC SESSIONS Dual Meet at NCY for 8/u 4:00p warmup; 4:45start	31 STATE/NAT'L: <u>6:30-8:00 am</u> FUTURE: <u>1:30-2:30 pm</u> FUTURE 56: <u>2:30-3:15 pm</u> PRIVATE:
<div style="border: 1px solid black; padding: 10px; width: fit-content; margin: auto;"> <p>www.greenwichdolphins.com Nick Day - 914-633-2323 (9am-2pm) Team Info - 203-869-6501 x 125 e-mail Nick at ncavataro@greenwichdolphins.com</p> </div>						

YWCA Dolphins

February, 2009 revised

S	M	T	W	T	F	S
1 xxx	2 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> <u>S+C->5:15-6:15</u> STATE/NAT'L at GHS-630-830pm	3 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: 6:15-8:15pm	4 TAG 1-430-515 GRAND PRIX 5 50-FR & X-BK 8/u & 13/over 5:15-6:30pm 9-10 & 11-12's <u>6:30-8:15pm</u> NO S+C TODAY	5 TAG 3 5:15-6:15pm AT GYW: STATE/NAT'L: 6:15-8:15pm	6 STATE/NAT'L: <u>3:30-5:30pm</u> TAG 1: <u>5:30-6:30pm</u> TAG 2: 6:30-7:30pm	7 Y ST CHAMPS AT WILTON 8 AM->9-10 girls 1230->9-10 boys <u>5pm--> 8/under</u> NORMAL FT/FT56
8 Y STATE CHAMP AT WILTON 8AM - 11/12 GIRLS 1230 - 11/12 BOYS	9 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> STATE/NAT'L: 7:15-8:15pm S+C->6-7:00pm	10 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: 6:15-8:15pm	11 TAG 1-430-515 TAG 2-515-615 TAG 3-615-715 ST/NT-715-815 S+C->6-7:00pm	12 TAG 3 5:15-6:15pm AT GYW: STATE/NAT'L: 6:15-8:15pm	13 STATE/NAT'L: <u>3:30-5:30pm</u> TAG 1: <u>5:30-6:30pm</u> TAG 2: 6:30-7:30pm	14 STATE/NATL: <u>6:30-8:00 am</u> FUTURE: <u>1:30-2:30 pm</u> FUTURE 56: <u>2:30-3:15 pm</u> PRIVATE: 3:15-3:45pm
15 OFF	16 PRESIDENTS DAY ALL OFF	17 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: 6:15-8:15pm	18 TAG 1-430-515 TAG 2-515-615 TAG 3-615-715 ST/NT-715-815 S+C->6-7:00pm	19 TAG 3 <u>5:15-6:15pm</u> TAG 2: <u>6:15-7:15pm</u> STATE/NAT'L at GHS-630-830pm	20 STATE/NAT'L: <u>3:30-5:30pm</u> TAG 1: <u>5:30-6:30pm</u> TAG 2: 6:30-7:30pm	21 STATE/NATL: <u>6:30-8:00 am</u> FUTURE: <u>1:30-2:30 pm</u> FUTURE 56: 2:30-3:15 pm PRIVATE: 3:15-3:45pm
22 CT STATE 8/UNDER CHAMPS DETAILS TBA AT HOPKINS, NEW HAVEN	23 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> <u>S+C->5:15-6:15</u> STATE/NAT'L at GHS-630-830pm	24 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: 6:15-8:15pm	25 TAG 1-430-515 GRAND PRIX 6 X-BR + X-FLY 8/u & 13/over 5:15-6:30pm 9-10 & 11-12's <u>6:30-8:15pm</u> NO S+C TODAY	26 TAG 3 <u>5:15-6:15pm</u> TAG 2: <u>6:15-7:15pm</u> STATE/NAT'L at GHS-630-830pm	27 PRACTICES TBA REGIONAL CHAMPS AT NEW CANAAN OR SCSU DETAILS TBA	28 REGIONAL CHAMPS AT NEW CANAAN OR SCSU PRACTICES TBA
<p>Look at Important March dates! Mar. 3 - Team Picture Mar. 4 - Grand Prix 7 Mar 5-8 - Sr Champs Mar. 12-15 - State Age Group Champs Vacation dates for Reference: GHS Public School - 2/9-16 GA Spring - 3/9-20 CSH Spring - 3/9-20 GCDS Spring - 3/16-27 BS Spring 3/9-20</p>			<p style="text-align: center;">www.greenwichdolphins.com Nick Day - 914-633-2323 (9am-2pm) Team Info- 203-869-6501 x 125 e-mail Nick at ncavataro@greenwichdolphins.com</p>			
<p>IMPORTANT APRIL-MAY DATES April 2-5- YW JR-SR CHAMPS, CHARLOTTE April 6-Spring/Summer Schedule effective info TBA May 1- Team Banquet</p>						

YWCA Dolphins

March, 2009 revised

S	M	T	W	T	F	S		
1 REGIONAL CHAMPS AT NEW CANAAN OR SCSU DETAILS TBA	2 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> S+C->5:15-6:15 STATE/NAT'L at GHS-630-830pm	3 TI-4:30-5:15 T3-5:15-6:15pm STATE/NAT'L: <u>6:15-8:15pm</u> TEAM PIX DETAILS TBA	4 TAG 1-430-515 GRAND PRIX 7 IM + LONG FR 8/u & 13/over 5:15-6:30pm 9-10 & 11-12's 6:30-8:15pm NO S+C TODAY	5 TAG 3 <u>5:15-6:15pm</u> AT GYW: STATE/NAT'L <u>6:15-8:15pm</u> CT SR CHAMPS DETAILS TBA	6 STATE/NAT'L: <u>3:30-5:30pm</u> TAG1-5:30-6:30 TAG2-6:30-7:30 CT SR CHAMPS DETAILS TBA	7 NO AM FT-1:30-2:30 FT56-2:30-3:15 CT SR CHAMPS DETAILS TBA		
8 CT SR CHAMPS DETAILS TBA	9 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> S+C->5:15-6:15 STATE/NAT'L at GHS-630-830pm	10 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: <u>6:15-8:15pm</u>	11 TAG 1-430-515 TAG 2-515-615 TAG 3-615-715 ST/NT-715-815 S+C->6-7:00pm	12 T3-5:15-6:15pm T2-6:15-7:15pm STATE/NAT'L at <u>GHS-630-830pm</u> CT CHAMPS AT WESLEYAN DETAILS TBA	13 NO PRACTICES STATE AGE GROUP CHAMPS AT WESLEYAN DETAILS TBA	14 NO PRACTICES STATE AGE GROUP CHAMPS AT WESLEYAN DETAILS TBA		
15 NO PRACTICES STATE AGE GROUP CHAMPS AT WESLEYAN DETAILS TBA	16 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> STATE/NAT'L: <u>7:15-8:15pm</u> S+C->6-7:00pm	17 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: <u>6:15-8:15pm</u>	18 TAG 1-430-515 TAG 2-515-615 TAG 3-615-715 ST/NT-715-815 S+C->6-7:00pm	19 TAG 3 <u>5:15-6:15pm</u> TAG 2 <u>6:15-7:15pm</u> STATE/NAT'L at GHS-630-830pm	20 STATE/NAT'L: <u>3:30-5:30pm</u> TAG 1: <u>5:30-6:30pm</u> TAG 2: <u>6:30-7:30pm</u>	21 STATE/NAT'L: <u>6:30-8:00 am</u> FUTURE: <u>1:30-2:30 pm</u> FUTURE 56: <u>2:30-3:15 pm</u> PRIVATE: 3:15-3:45pm		
22 Wilton Y 9/under Invite! Details TBA	23 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> S+C->5:15-6:15 STATE/NAT'L at GHS-630-830pm	24 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: <u>6:15-8:15pm</u>	25 TAG 1-430-515 TAG 2-515-615 TAG 3-615-715 ST/NT-715-815 S+C->6-7:00pm	26 TAG 3 <u>5:15-6:15pm</u> TAG 2 <u>6:15-7:15pm</u> STATE/NAT'L at GHS-630-830pm	27 STATE/NAT'L: <u>3:30-5:30pm</u> TAG 1: <u>5:30-6:30pm</u> TAG 2: <u>6:30-7:30pm</u>	28 STATE/NAT'L: <u>6:30-8:00 am</u> FUTURE: <u>1:30-2:30 pm</u> FUTURE 56: <u>2:30-3:15 pm</u> PRIVATE: 3:15-3:45pm		
29 OFF	30 TAG 2: <u>5:15-6:15pm</u> TAG 3: <u>6:15-7:15pm</u> S+C->5:15-6:15 STATE/NAT'L at GHS-630-830pm	31 TAG I <u>4:30-5:15pm</u> TAG 3: <u>5:15-6:15pm</u> STATE/NAT'L: <u>6:15-8:15pm</u>	<div style="border: 1px solid black; padding: 5px;"> <p>NOTE: REGIONAL CHAMPS 2/27-3/1 WE WILL HAVE TEAM PICTURE ON MAR. 3 AND WILL TBA PRACTICE & TEAM DETAILS Also, note USA Sectional Champs are Mar. 12-15 at Harvard, Deatils TBA</p> </div>					
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